

Saint Lucia Olympic Committee Newsletter



Volume 4
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Team Saint Lucia for Summer Olympics - Rio2016

The formal announcement of Saint Lucia's team to participate in the 2016 Olympic Games in Rio de Janeiro, Brazil was made on Thursday July 21 by the Saint Lucia Olympic Committee Incorporated at its Barnard Hill offices.

"Over the last four years the Saint Lucia Olympic Committee has focused its attention on the provision of a greater level of support for athletes and the creation of a more athlete friendly environment in the delivery of its services," President Fortuna Belrose said before announcing the team.

She disclosed that there were many challenges along the way and that this team's journey began over six years ago with a pool of approximately 20 athletes from six associations.

"These included Athletics, Boxing, Cycling, Sailing, Swimming and Volleyball. These associations identified the athletes who they had assessed had the potential to make it to Rio. Upon review the Saint Lucia Olympic Committee worked within its parameters to provide the enabling environment and support for the associations and the athletes. We invested over three million dollars in preparing our athletes. This involved facilitating their participation at local, regional and international engagements directly funding training stints and programs through our Elite Athlete Assistance Program, providing support to associations, and through the Olympic Solidarity Scholarship," Belrose stressed.

During her announcement of the team, the SLOC Inc's President profiled the athletes and gave insights on their method of selection. The team comprised Jeanelle Scheper, Lavern Donalyn Spencer, Jahvid Best, Jordan Augier and Stephanie Devaux Lovell. David Christopher was announced as Chef de Mission assisted by Mrs. Joyce Huxley as Chaperone for the team.

All athletes who requested that their personal coaches be at the Games were facilitated. Spencer will have the services of Petros Kpyrianou, Scheper - Delethea Quarles, Best - Maurice Green, Augier - Jamie Peterkin and Devaux-Lovell - Susannah Pyatt

Belrose took the opportunity to announce a performance based incentive program for the athletes. The incentives for the OLYMPIC GAMES are as follows: Gold Medal \$25,000.00, Silver Medal \$20,000.00, Bronze Medal \$15,000.00, Finalist \$10,000.00, Semi Finalist \$5,000.00.



David Christopher
Chef de Mission



Joyce Huxley
Chaperone

OLYMPIC DAY RUN

June 19, 2016



Photo courtesy Dave Pascal

A total of 185 runners participated in Olympic Day Run 2016 out of a registered 360, just days before the event took place.

Track and Field had the best turn out among affiliates of the Saint Lucia Olympic Committee Incorporated (SLOC Inc.) with 37 participants out of their 59 registrants taking part. Lifesaving had 21 participants on the day out of 37 registrants and Sailing had all 15 of their registrants being involved in the run.

Boys Training Centre (BTC) had an impressive 8 of their 13 registrants running and there were 13 individuals who were not attached to any Member Federation. Several executive members of the SLOC Inc also did the route.

“We thank all of you for participating and ensuring this event with our Olympic family came off. Let us continue to exhibit the benefits of exercise and healthy lifestyles to overall well being.” Belrose said in a brief presentation to participants at the end of the Run.

Although stiff competition for placings is not the primary objective of the run, Jason Sayers continues to be one of the consistent runners in this event and was again the first to complete the course from the Castries Market, up the Sir John Compton Highway left into Mandela Drive turning at the Mexican Embassy and finishing outside the Red Cross Building.

“It was a much safer route and we were happy that the event came off without mishaps,” Secretary General of the Saint Lucia Olympic Committee Inc. Alfred Emmanuel said.

Also among the participants were former Olympian Zepherinus Joseph and 2010 Youth Olympian Stephanie Devaux Lovell, one of the island’s 2016 Rio Olympics team members having been granted a universality place in the sport of Sailing.

RECORD OF PARTICIPANTS NUMBER REGISTERED FROM ASSOCIATIONS

Association	By Saturday 18 June	After Saturday 18 June	Total registered	No. of participants
Athletics	51	8	59	37
Body-Building		1	1	1
Boxing	13		13	0
Football	15	1	16	6
Karate	33		33	8
Lifesaving	29	8	37	21
Netball 1	34	1	35	13
Netball 2 (Shamrock)	20		20	12
Rugby	25		25	12
Sailing	15	15	15	
Swimming	11	10	21	14
Table-Tennis	7	9	16	4
Taekwondo	29		29	10
Volleyball	3	3	3	

OTHER REGISTRANTS

Boys’ Training Center	12	1	13	8
Sports Academy	6	1	7	5
Individuals	2	12	14	13
Committee members			3	3
Total participants			360	185

CONGRATULATIONS ON BEHALF OF THE SLOC INC.

The Saint Lucia Olympic Committee wishes to congratulate our Sports leaders on their most recent awards. Three members received honours from Her Majesty, and the other was made a Minister in the Saint Lucia Government.

CENTRAL CHANCERY OF THE ORDERS OF KNIGHTHOOD
St. James' Palace, London SW1
11 June 2016

THE QUEEN has been graciously pleased, on the occasion of the Celebration of Her Majesty's Birthday, and on the advice of Her Majesty's Saint Lucia Ministers, to give orders for the following appointments to, the Most Excellent Order of the British Empire:

ORDER OF THE BRITISH EMPIRE

(CIVIL DIVISION)



C.B.E.

To be an Ordinary
Commander of the Civil
Division of the said Most
Excellent Order:
**Richard Neville Clairmont
PETERKIN**
For services to the Private
Sector and to Sports
Administration.



M.B.E.

To be Ordinary Members of
the Civil Division of the said
Most Excellent Order:
**Denis Telford SAINT
CLAIRE**
For services to Sport.



O.B.E.

To be Ordinary Officers of
the Civil Division of the
said Most Excellent Order:
**Brian Bartholomew
LOUISY**
For services to the Public
and Private sector.



Senator & Minister

Fortuna Belrose appointed
Senator and Minister in the
Ministry of Equity, Social
Justice, Empowerment, Youth
Development, Sports, Culture
and Local Government.

TEAM SAINT LUCIA - Rio2016

NAME: Jeannelle Scheper

D.O.B. 21 November 1994

EVENT: High Jump

CURRENT TRAINING SITE: University of South Carolina



I have been looking forward to the Olympic Games, it seems, for my whole life. Now that it is finally here and I was blessed to have qualified early, I use every single day to prepare for it. This meet only takes place every four years which definitely adds some pressure but we as competitors thrive under pressure. I can't wait to step out onto the track in Rio, wearing my flag's colours and representing my nation. It's going to be a phenomenal event and I am going to give only my very best!

Best Performance in 2016:

1.91m at St Lucia National Championships June 26 2016.

My expectations at the RIO Games : At the Rio games, I expect to be at my very best and achieve my personal best mark for a place on the podium.



COACH: Delethea Quarles

NAME: Levern Spencer

D.O.B. 23/06/84

EVENT: High Jump

CURRENT TRAINING SITE: Spectowns track, Athens, Georgia

As I look forward to the RIO Olympics with great anticipation, I am happy to note that my preparation is just where I wanted it to be around this time of the year. Training has been going very well and I am extremely happy with the way that my competitions have gone to date. I have won some major competitions this year like the Shanghai Diamond League and Drake Relays which to me serves as evidence that I am having just the kind of season I had planned. Winning my country's National Championships on June 26 has given me increased confidence especially since my clearance of 1.94 is the highest any female has ever cleared on St. Lucian soil. With a few weeks to go before the commencement of the RIO Olympics I eagerly look forward to this event with nothing else but positive thoughts.

Best Performance in 2016: Drake Relays, Des Moines, Iowa 1.95m, April 30.

My expectation at the RIO Games:

At the RIO Olympics my real expectation is to continue performing at the level that I have so far this year, get into the finals, and then challenge for a medal.



COACH: Petros Kyprianou

TEAM SAINT LUCIA - Rio2016

NAME: Jahvid Best

D.O.B: 30th January, 1989

EVENT: 100 m

CURRENT TRAINING SITE: Arizona



I would like the world to know that this has been an incredible journey. I am honoured and excited to represent Saint Lucia to the best of my ability. I will give the Olympic Games everything that I have and will make Saint Lucia and my family proud.

Best Performance in 2016: 10.16 sec.

My expectation at the Rio Games is to set a new personal best and National Record

COACHES: Stuart Mc Millan and Maurice Greene



COACH: Maurice Greene

NAME: Jordan Aleksy Augier

DOB: November 14, 1994

EVENTS: 50 and 100 meter freestyle

CURRENT TRAINING SITE: University of Tampa

I'm a recent graduate of the University of Tampa. I competed on the NCAA level for the University of Tampa for all 4 years of my college career and as well as on the national, regional and international level for Saint Lucia. To compete in the 2016 Olympic Games has been my biggest goal in life for 9 years now and the closer it gets, the more realistic everything is becoming. In preparing for the Games, every minute I'm either in the gym or pool, the main thing running through my mind is that the Games are coming up and it's not waiting for me to be ready, so it's up to me to ensure I put in the time and effort into every single practice session I have to be fully prepared. Preparation for anything can be simple, however, preparation to result in a best performance is extremely difficult and demanding. That being said I believe that as an athlete striving for the pinnacle of the sports world, having positive and healthy support from friends, coaches, family and more is dire and I consider myself very lucky to have all of these rooting for me through the entire process.

Best Performance in 2016: 21st Caribbean Island Swimming Championships (CISC) June 29th-July 2nd held in Nassau, Bahamas, where I competed in 4 events all of which I qualified for finals in, won 2 medals (1 bronze, 1 silver), setting 3 new St. Lucia National Records and unfortunately just missing Olympic qualification times by 1/10th of a second in the 50m freestyle and 9/100th's of a second in the 100m freestyle.

Moving forward, I intend to use the anger and frustration of missing the qualification times by such a small margin, to fuel my fire within to shatter these times and performances at the Rio Olympic Games in August.

COACH: Jamie Peterkin



TEAM SAINT LUCIA - Rio2016

NAME: Stephanie Devaux-Lovell
D.O.B. 08/09/1995
EVENT: Sailing - Women's One
Person Dinghy, Laser Radial
CURRENT TRAINING SITE:
St Lucia Yacht Club

Everything I do for the next 6 weeks will be to help prepare myself the best I can to represent my country at the Rio 2016 Olympics. I was born in St Lucia and have lived here all my life. I feel a great deal of loyalty to my nation and want to make them proud. My schedule is intense at the moment. I have 2-3 training sessions a day. This is a mix of on the water training and Gym work. On top of this I spend many hours planning and de-briefing



with my coach. We want to go to Rio knowing we have left no stone unturned. By the end of my preparations I will be giving my best possible performance for my country.

Best Performance in 2016: 26th World Cup Weymouth, UK - June 8th-12th

This will be my first time competing in an Olympic Games. There will be 38 competitors in the class. I have not yet sailed in the tricky waters of Rio. I hope to gain a lot of experience from this Olympics. I know I am capable of putting together some great results. I look forward to showing the World what our small nation can achieve.



COACH: Susannah Pyatt



The 2016 Summer Olympics officially known as the Games of the XXXI Olympiad, and commonly known as Rio 2016, is an upcoming major international multi-sport event in the tradition of the Olympic Games due to take place in Rio de Janeiro, Brazil, from 5 to 21 August 2016.

A record number of countries are participating in a record number of sports. More than 10,500 athletes from 206 National Olympic Committees (NOCs), including first time entrants Kosovo and South Sudan, are scheduled to take part. With 306 sets of medals, the games will feature 28 Olympic sports — including Rugby Sevens and

Golf, which were added by the International Olympic Committee in 2009. These sporting events will take place at 33 venues in the host city and at 5 venues in the cities of São Paulo (Brazil's largest city), Belo Horizonte, Salvador, Brasília (Brazil's capital), and Manaus.

These will be the first Summer Olympic Games under the IOC presidency of Thomas Bach. The host city of Rio de Janeiro was announced at the 121st IOC Session held in Copenhagen, Denmark, on 2 October 2009. Rio will become the first South American city to host the Summer Olympics. These will be the first Games to be held in a Portuguese-speaking country, the first to be held entirely during the host country's winter season (the 2000 Games began on 15 September – five days before the Southern Hemisphere's spring equinox), the first since 1968 to be held in Latin America, and the first since 2000 (and third overall) to be held in the Southern Hemisphere.



SLOC Inc. Assistance to members for period January to July, 2016



The first seven months of 2016 has seen the Saint Lucia Olympic Committee Inc. provide assistance to twelve of its twenty members who have requested it.

The Table below indicates what has been given to date.

Association	Details	Amount
Athletics	Admin. Grant, Carifta Games, Under 16 Athletics Championships, Olympic Solidarity Scholarships, IAAF World Indoor Championship, Qualifiers for Olympic Games, National Championships, Youth Olympic Games 2018	118,375.32
Body building	Admin. Grant and hosting of judges' seminar	9,005.00
Boxing	AIBA Certification Course in Panama, Boxing Certification Course in the Bahamas, Training Camp in Cuba, Olympic Qualifiers, Creole Games	130,133.36
Cycling	Caribbean Jr. Cycling Championship, Elite Caribbean Cycling Championship, Training Camp, Admin. Grant	15,454.85
Football	CFU Girls Under 15 World Cup qualifier, Admin. Grant	21,030.00
Karate	2nd Caribbean Karate Championship	7,038.05
Netball	Sports Management Workshop, Under 16 Netball Tournament	21,638.31
Sailing	Olympic qualifiers, Training sessions, Preparation for Olympic Games, Olympic Solidarity Scholarship	65,575.33
Swimming	CARIFTA Championship, Goodwill Championship, CISC Championship, Olympic Solidarity Scholarship, Olympic Qualifiers, Admin. Grant, Youth Olympic Games 2018	69,844.80
Taekwondo	Taekwondo Open Championship	10,000.00
Tennis	Services of Cuban coach, Hosting Under 12 International Tournament, Admin. Grant	139,071.61
Volleyball*	NORCECA Beach Tour, Olympic Qualifiers, Continental Cup Tournament, Admin. Grant	70,748.06
	SLOC Inc. support for OECS Athletics Championship	75,660.23
	SLOC Inc. support for elite Athletes assistance	101,983.10
	GRAND TOTAL	855,548.03

Volleyball * Presently this figure includes an amount that has to be reimbursed and once done figure will be adjusted accordingly.

Long Term Athlete Development – sustained by a Physically Literate Society in St. Lucia

The Long Term Athlete Development Programme currently being defined by the St. Lucia Olympic Committee (SLOC) Inc. in collaboration with the Ministry responsible for Youth Development and Sport is highly dependent on the creation and sustainability of a physically literate society. With technical assistance from the Canadian Sport for Life (CS4L), the SLOC Inc. is actively pursuing the goal of “re-directing sports leaders and policy makers to ensure the longer term participation of Saint Lucians in sport and physical activity.”

In January 2016 the LTAD Steering Committee (SC) held face-to-face discussion with pioneer LTAD Experts, namely Istvan Balyi and Richard Way as well as Steve Norris, in an exclusive Saint Lucia Sports for Life (SLUS4L) Workshop in Canada. Apart from the lengthy deliberations on the football, netball, swimming and tennis LTAD drafts; consideration was given to the creation of an enabling policy environment and institutional framework for the harmonization of Physical Education and the development of sport.

Following the mission to Canada, the SC developed a draft LTAD Framework for Action which includes the roll out of a Physical Literacy programme, in schools in the first instance. The SC is also in consultation with the National Insurance Corporation (NIC) as regards the establishment of public spaces for the promulgation of physical literacy in three (3) strategic locations around the island.

The process of physical literacy development will be taken a step further, in October 2016, with a two (2) day working session with Drew Mitchell – Director of Physical Literacy for CS4L. While in St. Lucia, Drew will engage stakeholders in workshops designed to improve the population’s level of physical literacy. This will include physical literacy awareness for parents, coaches and PE teachers and sports administrators; as well the application of Physical Literacy Assessment for Youth (PLAY) Tools.

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SAINT LUCIA OLYMPIC COMMITTEE

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